

## You are a part of the Conservation team at the Teno Country Park

By adhering to the following suggestions during your visit, you can be an active participant in the conservation efforts in this area:

- **Stay on the designated paths** and respect the privacy and way of life of the local inhabitants.
- **Avoid making a lot of noise;** you will discover much more of the life going on around you.
- **Take all your litter,** including organic waste with you when you leave. This will contribute to maintaining the beauty of the countryside and will prevent the increase of rodents in the area.
- **Take special care when disposing of cigarette butts.**
- **Do not take plants, animals, or other objects from their natural environment.** Doing so could result in the loss of irreplaceable resources.
- **Please report all accidents or incidents to the Park Warden.** This would be very much appreciated. You can inform in the telephone number **922 128 032**, or the direction of electronic mail **tenoparque@cabtfe.es**

### Useful telephone numbers:

Service centre, Los Pedregales	922 128 032
Bus information, TITSA (Buenavista)	922 531 300
Taxis from Buenavista	922 127 130
Hostal Bolico	922 127 334
Buenavista City Council	922 129 030
El Tanque City Council	922 136 586
Los Silos City Council	922 840 004
Santiago del Teide City Council	922 863 127
Weather Information	922 211 718



A  
**Network**  
of  
**Footpaths**  
for discovering and  
appreciating Teno

**Footpath**



Oficina de Gestión  
Parque Rural de Teno

**TENO**  
Country Park

# A network of footpaths for discovering and appreciating Tenó

This is the main network of footpaths in the Tenó Country Park.

There are more detailed pamphlets for each one. Some even come with a guide booklet to help you get a deeper understanding of the rich heritage of the park (all available at information points.)

Code	Name of footpath	Difficulty	Distance
TF-51	Los Llanos-Punta de Tenó	** ** *	25 Km
TF-52	Erijos-Las Porceias	** ** *	10,7 Km
TF-52.1	ramal Las Huercas-El Palmar	** ** *	2,4 Km
TF-52.2	ramal Las Lagunetas-El Palmar	** ** *	2,5 Km
TF-53	Los Silos-Cuevas Negras-Erijos	** ** *	5,7 Km
TF-53.1	desvío Tierra del Trigo	** ** *	2,2 Km
TF-54	Los Silos-Las Moradas-Monte del Agua	** ** *	11,7 Km
TF-55	Los Silos-Talavera-El Palmar	** ** *	6,7 Km
TF-56	El Palmar-Santiago del Teide	** ** *	9,2 Km
TF-57	Callejón de Tano	** ** *	4,8 Km
TF-58	Camino del Risco	** ** *	3,9 Km
TF-59	Las Porceias-Masca	** ** *	4,5 Km
TF-65	Sendero comarcal I (Rco. de Masca)	** ** *	3,7 Km
TF-65.1	Santiago del Teide-Puerto Santiago	** ** *	8 Km
TF-65.2	ramal Mollado-Risco Blanco	** ** *	1,5 Km
TF-65.2	ramal Tamaino-Cruz de Misioneros	** ** *	1 Km

(\*) = Difficulty high (\*\*) = Difficulty medium (\*\*) = Difficulty low

